

Vegan Winter Menu 2019-20

Welcome to the Swan Inn

If you have any dietary or allergy requirements staff will be happy to advise

Starters

Soup of the Day, with crusty bread £5.50

Avocado & Cherry Tomatoes Bruschetta, avocado drizzled with balsamic vinegar £6.50

Fried Garlic Mushroom Bruschetta, with parsley £6.50

Crusty Bread, olive oil & balsamic vinegar £4.50

Cheesy Nachos, topped with Portuguese peppers, tomato salsa & sundried tomato hummus £6.50

Light Bites

Vegetarian Delight, (Granary Bread) with sliced avocado, red pepper, mango chutney, rocket, cherry tomatoes, cucumber & crisps £8.50

Vegan Cheese and Tomato Pizza, topped with artichokes, peppers & olives, salad garnish £9.50

Avocado, Garlic Mushrooms & Cherry Tomatoes on toasted ciabatta, salad garnish £8.95

Mains

Sweet Potato Katsu Curry, jasmine rice, mushrooms, tender stem broccoli & pine nuts £13.95

Vegan Cheese and Tomato Pizza, artichokes, peppers & olives, chips and salad £12.95

Vegetable Thai Red Curry, wholegrain rice, coriander, lime £11.95

Bangers and Mash, caramelised onion & red wine jus, winter vegetables £10.95

Beetroot Red Pepper & Quinoa Burger, cheese, gherkins, brioche bun, garlic mayo & chips £13.95

Mushroom, Leek & Chestnut Pie, choice of potatoes, red wine & mushroom gravy, winter vegetables. *(contains nuts)* £12.95

Kashmir Dahl Curry, whole-grain rice, mango chutney & poppadum £12.95

Moving Mountains Burger, brioche bun, sweet pickled gherkins, cheese & chips. £13.95

Sweet potato, Chickpea & Spinach Stew, wholegrain rice, lime wedge, toasted *peanuts. (This dish also contains peanut butter)* £13.95

Smoked Tofu, Sweet Potato & Spinach Pie, choice of potatoes, red wine & mushroom gravy, winter vegetables. £13.95

Moroccan Beetroot & Chickpea Tagine, fruity cous-cous, yoghurt & pomegranates. £12.95

Vegan Full English, two vegan sausages, hash brown, baked beans, grilled tomatoes, fried chestnut mushrooms, avocado, toast & marmalade. £9.50 (may not be available if busy)

Sides

Crusty Bread £3.50 Chips £3.30 Mixed salad £3.50

Coleslaw £2.20 New Potatoes £3.30

Garlic Bread £3.00 Olives £2.50